## 2019-4 For 44 Team Relay Start Times

| Bib \# | Team Name | Team Category | Average Team Pace | Start Time |
| :---: | :---: | :---: | :---: | :---: |
| 35 | 4 40-somethings for 44 | Masters Women (All runners over 40) | 9:30 to 9:59 min mile | 8:00 AM |
| 1 | A Team | Open Women (At least one runner under 40) | 10:00 to 12:00 min mile | 7:00 AM |
| 72 | Alabama Swamp Runners | Open Mixed (2 men \& 2 women, at least one runner under 40) | 8:00 to 8:59 min mile | 9:00 AM |
| 31 | and Achin' | Open Women (At least one runner under 40) | 10:00 to $12: 00 \mathrm{~min}$ mile | 7:00 AM |
| 2 | Badass Badgers | Open Women (At least one runner under 40) | 10:00 to $12: 00 \mathrm{~min}$ mile | 7:00 AM |
| 3 | BAMF Guardians | Open Mixed ( 2 men \& 2 women, at least one runner under 40) | 10:00 to $12: 00 \mathrm{~min}$ mile | 7:00 AM |
| 36 | Bar Maids | Open Mixed (2 men \& 2 women, at least one runner under 40) | 9:00 to 9:29 min mile | 8:00 AM |
| 37 | Beer buzzed and blistered | Masters Women (All runners over 40) | 9:00 to 9:29 min mile | 8:00 AM |
| 38 | Beerlievers | Open Women (At least one runner under 40) | 9:30 to 9:59 min mile | 8:00 AM |
| 73 | Bentley Avenue Striders | Masters Men (3 to 4 men all over 40, team can include one Woman) | 8:00 to 8:59 min mile | 9:00 AM |
| 39 | Better At Runnin' Up A Tab | Open Mixed (2 men \& 2 women, at least one runner under 40) | 9:00 to 9:29 min mile | 8:00 AM |
| 4 | Between a Walk and a Hard Pace | Masters Mixed (2 men \& 2 women, all runners over 40) | 10:00 to 12:00 min mile | 7:00 AM |
| 74 | Brothers Plus 2 | Open Mixed (2 men \& 2 women, at least one runner under 40) | 8:00 to 8:59 min mile | 9:00 AM |
| 5 | Buffalo Gals | Open Women (At least one runner under 40) | 10:00 to $12: 00 \mathrm{~min}$ mile | 7:00 AM |
| 6 | Buffalo Gals Running | Masters Women (All runners over 40) | 10:00 to 12:00 min mile | 7:00 AM |
| 75 | Buns on the Run | Open Women (At least one runner under 40) | Under 7:00 min mile | 9:00 AM |
| 40 | Call Us A Cab | Open Women (At least one runner under 40) | 9:30 to 9:59 min mile | 8:00 AM |
| 41 | Cirque Du Sore Legs | Open Mixed ( 2 men \& 2 women, at least one runner under 40) | 9:30 to 9:59 min mile | 8:00 AM |
| 7 | Easier said than run | Open Mixed ( 2 men \& 2 women, at least one runner under 40) | 10:00 to 12:00 min mile | 7:00 AM |
| 42 | Excuse for booze | Open Women (At least one runner under 40) | 9:30 to 9:59 min mile | 8:00 AM |
| 43 | Fab @ 44 | Masters Mixed (2 men \& 2 women, all runners over 40) | 9:30 to 9:59 min mile | 8:00 AM |
| 44 | Four-ever strong | Masters Women (All runners over 40) | 9:00 to 9:29 min mile | 8:00 AM |
| 8 | Gaurdrail Runners | Open Men (3 to 4 Men, At least one runner under 40) | 10:00 to $12: 00 \mathrm{~min}$ mile | 7:00 AM |
| 45 | Great Lakes Adventure Addicts | Masters Mixed (2 men \& 2 women, all runners over 40) | 9:00 to 9:29 min mile | 8:00 AM |
| 46 | Group Therapy | Open Women (At least one runner under 40) | 9:00 to 9:29 min mile | 8:00 AM |
| 76 | Hollow Leg | Open Men (3 to 4 Men, At least one runner under 40) | 8:00 to 8:59 min mile | 9:00 AM |
| 9 | Hot as Blazes | Open Mixed (2 men \& 2 women, at least one runner under 40) | 10:00 to $12: 00 \mathrm{~min}$ mile | 7:00 AM |
| 10 | Hot Mess Express | Open Women (At least one runner under 40) | 10:00 to $12: 00$ min mile | 7:00 AM |
| 47 | Howard's Hooligans | Open Men (3 to 4 Men, At least one runner under 40) | 9:00 to 9:29 min mile | 8:00 AM |
| 77 | I Thought This Was a 5K | Masters Mixed (2 men \& 2 women, all runners over 40) | 8:00 to 8:59 min mile | 9:00 AM |
| 95 | I'm just here for the beer | Open Men (3 to 4 Men, At least one runner under 40) | 9:00 to 9:29 min mile | 8:00 AM |
| 78 | J2K2 | Family (All members from the same Family) | 7:01 to 7:59 min mile | 9:00 AM |
| 48 | Jagged Little Hills | Masters Women (All runners over 40) | 9:30 to 9:59 min mile | 8:00 AM |
| 49 | JFSH | Open Women (At least one runner under 40) | 10:00 to 12:00 min mile | 7:00 AM |
| 50 | Just drive by so I can walk | Open Mixed (2 men \& 2 women, at least one runner under 40) | 9:00 to 9:29 min mile | 8:00 AM |
| 79 | KDR | Masters Mixed (2 men \& 2 women, all runners over 40) | 7:01 to 7:59 min mile | 9:00 AM |
| 51 | Keeping up with the runners | Open Women (At least one runner under 40) | 9:00 to 9:29 min mile | 8:00 AM |

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| 52 | Lactic Acid Flashback | Open Mixed (2 men \& 2 women, at least one runner under 40) | 9:00 to 9:29 min mile | 8:00 AM |
| 53 | League of Extraordinary Moms | Open Women (At least one runner under 40) | 9:00 to 9:29 min mile | 8:00 AM |
| 80 | Long Distance Relay-tionship | Open Mixed (2 men \& 2 women, at least one runner under 40) | 8:00 to 8:59 min mile | 9:00 AM |
| 81 | Mad Runners | Open Men (3 to 4 Men, At least one runner under 40) | Under 7:00 min mile | 9:00 AM |
| 82 | Master Chicks With Kick | Masters Women (All runners over 40) | 7:01 to 7:59 min mile | 9:00 AM |
| 54 | Merica | Open Women (At least one runner under 40) | 9:30 to 9:59 min mile | 8:00 AM |
| 67 | Middle Aged Mutant Ninja Turtles | Open Mixed (2 men \& 2 women, at least one runner under 40) | 9:00 to 9:29 min mile | 8:00 AM |
| 93 | Miles Beyond A Reasonable Doubt | Open Mixed (2 men \& 2 women, at least one runner under 40) | 7:00 to 7:29 min mile | 9:00 AM |
| 83 | Mother Runners | Open Women (At least one runner under 40) | 8:00 to 8:59 min mile | 9:00 AM |
| 55 | Not fast just furious | Open Women (At least one runner under 40) | 9:30 to 9:59 min mile | 8:00 AM |
| 11 | Not Lost, Just Wandering | Open Women (At least one runner under 40) | 10:00 to $12: 00 \mathrm{~min}$ mile | 7:00 AM |
| 12 | Pacemakers | Open Women (At least one runner under 40) | 10:00 to $12: 00 \mathrm{~min}$ mile | 7:00 AM |
| 13 | Pray 4 Us | Masters Mixed (2 men \& 2 women, all runners over 40) | 10:00 to 12:00 min mile | 7:00 AM |
| 56 | Prospect Pride | Open Women (At least one runner under 40) | 9:00 to 9:29 min mile | 8:00 AM |
| 14 | Quatro Amigas | Open Women (At least one runner under 40) | 10:00 to 12:00 min mile | 7:00 AM |
| 57 | Ragnaroos on the Loose | Open Women (At least one runner under 40) | 9:30 to 9:59 min mile | 8:00 AM |
| 58 | Reeds Jewelers Ring Blingers | Open Mixed (2 men \& 2 women, at least one runner under 40) | 9:30 to 9:59 min mile | 8:00 AM |
| 15 | Rumble Ponies III | Family (All members from the same Family) | 10:00 to 12:00 min mile | 7:00 AM |
| 84 | Run 4 Beers | Open Mixed (2 men \& 2 women, at least one runner under 40) | 7:01 to 7:59 min mile | 9:00 AM |
| 16 | Run For Fun | Open Mixed (2 men \& 2 women, at least one runner under 40) | 10:00 to $12: 00 \mathrm{~min}$ mile | 7:00 AM |
| 17 | Run Me Over...Again | Open Women (At least one runner under 40) | 10:00 to $12: 00 \mathrm{~min}$ mile | 7:00 AM |
| 59 | RunB4Reading | Open Women (At least one runner under 40) | 9:00 to 9:29 min mile | 8:00 AM |
| 94 | RUNder Women | Open Women (At least one runner under 40) | 8:00 to 8:59 min mile | 9:00 AM |
| 85 | Running Blind | Masters Mixed (2 men \& 2 women, all runners over 40) | 8:00 to 8:59 min mile | 9:00 AM |
| 86 | Running Our Mouths | Open Women (At least one runner under 40) | 7:01 to 7:59 min mile | 9:00 AM |
| 87 | SANS kids | Open Mixed (2 men \& 2 women, at least one runner under 40) | 8:00 to 8:59 min mile | 9:00 AM |
| 32 | Scrambled Legs | Open Women (At least one runner under 40) | 10:00 to 12:00 min mile | 7:00 AM |
| 18 | Secret Elite Squad of Super Heroes | Open Women (At least one runner under 40) | 10:00 to $12: 00 \mathrm{~min}$ mile | 7:00 AM |
| 19 | Shake n Bake | Open Men (3 to 4 Men, At least one runner under 40) | 10:00 to $12: 00 \mathrm{~min}$ mile | 7:00 AM |
| 20 | Sisters with Blisters | Open Women (At least one runner under 40) | 10:00 to $12: 00 \mathrm{~min}$ mile | 7:00 AM |
| 21 | Smooth Snailin' | Open Women (At least one runner under 40) | 10:00 to $12: 00 \mathrm{~min}$ mile | 7:00 AM |
| 22 | Sole Sisters | Open Women (At least one runner under 40) | 10:00 to $12: 00 \mathrm{~min}$ mile | 7:00 AM |
| 23 | Sole Sisters Tribe | Open Women (At least one runner under 40) | 10:00 to $12: 00 \mathrm{~min}$ mile | 7:00 AM |
| 60 | SomGentz | Open Mixed (2 men \& 2 women, at least one runner under 40) | 9:00 to 9:29 min mile | 8:00 AM |
| 24 | Speed Sold Separately | Masters Mixed ( 2 men \& 2 women, all runners over 40) | 10:00 to 12:00 min mile | 7:00 AM |
| 25 | Supa and the Reluctant Road Warrior | Open Mixed (2 men \& 2 women, at least one runner under 40) | 10:00 to $12: 00 \mathrm{~min}$ mile | 7:00 AM |
| 88 | Tapped Out | Open Mixed (2 men \& 2 women, at least one runner under 40) | 8:00 to 8:59 min mile | 9:00 AM |

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| 26 | Team Gaga \& Cooper | Masters Women (All runners over 40) | 10:00 to 12:00 min mile | 7:00 AM |
| 89 | Team IPA: In Pain Again | Masters Men (3 to 4 men all over 40, team can include one Woman) | 8:00 to 8:59 min mile | 9:00 AM |
| 61 | The Bauer babes | Open Mixed ( 2 men \& 2 women, at least one runner under 40) | 9:30 to 9:59 min mile | 8:00 AM |
| 27 | The Karen Walkers | Open Mixed (2 men \& 2 women, at least one runner under 40) | 10:00 to 12:00 min mile | 7:00 AM |
| 63 | The Rohirrim | Open Men (3 to 4 Men, At least one runner under 40) | 9:30 to 9:59 min mile | 8:00 AM |
| 64 | Those People | Family (All members from the same Family) | 9:00 to 9:29 min mile | 8:00 AM |
| 33 | Thought They Said Rum | Masters Mixed (2 men \& 2 women, all runners over 40) | 10:00 to 12:00 min mile | 7:00 AM |
| 68 | Three Men and A Lady | Open Men (3 to 4 Men, At least one runner under 40) | 9:00 to 9:29 min mile | 8:00 AM |
| 65 | Three Men and a Lady - Round 2 | Open Men (3 to 4 Men, At least one runner under 40) | 9:30 to 9:59 min mile | 8:00 AM |
| 28 | Total Chaos | Open Mixed (2 men \& 2 women, at least one runner under 40) | 10:00 to 12:00 min mile | 7:00 AM |
| 90 | Uncommon Grackles | Masters Mixed (2 men \& 2 women, all runners over 40) | 8:00 to 8:59 min mile | 9:00 AM |
| 91 | We Got This! | Masters Women (All runners over 40) | 7:01 to 7:59 min mile | 9:00 AM |
| 66 | Where's Maggie | Open Mixed (2 men \& 2 women, at least one runner under 40) | 9:00 to 9:29 min mile | 8:00 AM |
| 29 | Wish this lake was smaller | Open Mixed (2 men \& 2 women, at least one runner under 40) | 10:00 to 12:00 min mile | 7:00 AM |
| 30 | Your Mom | Masters Women (All runners over 40) | 10:00 to 12:00 min mile | 7:00 AM |
| 92 | Your Pace or Mine | Open Mixed (2 men \& 2 women, at least one runner under 40) | 8:00 to 8:59 min mile | 9:00 AM |

