## 2019 - 4 For 44 Team Relay Start Times

Bib#	Team Name	Team Category	Average Team Pace	Start Time
35	4 40-somethings for 44	Masters Women (All runners over 40)	9:30 to 9:59 min mile	8:00 AM
1	A Team	Open Women (At least one runner under 40)	10:00 to 12:00 min mile	7:00 AM
72	Alabama Swamp Runners	Open Mixed (2 men & 2 women, at least one runner under 40)	8:00 to 8:59 min mile	9:00 AM
31	and Achin'	Open Women (At least one runner under 40)	10:00 to 12:00 min mile	7:00 AM
2	Badass Badgers	Open Women (At least one runner under 40)	10:00 to 12:00 min mile	7:00 AM
3	BAMF Guardians	Open Mixed (2 men & 2 women, at least one runner under 40)	10:00 to 12:00 min mile	7:00 AM
36	Bar Maids	Open Mixed (2 men & 2 women, at least one runner under 40)	9:00 to 9:29 min mile	8:00 AM
37	Beer buzzed and blistered	Masters Women (All runners over 40)	9:00 to 9:29 min mile	8:00 AM
38	Beerlievers	Open Women (At least one runner under 40)	9:30 to 9:59 min mile	8:00 AM
73	Bentley Avenue Striders	Masters Men (3 to 4 men all over 40, team can include one Woman)	8:00 to 8:59 min mile	9:00 AM
39	Better At Runnin' Up A Tab	Open Mixed (2 men & 2 women, at least one runner under 40)	9:00 to 9:29 min mile	8:00 AM
4	Between a Walk and a Hard Pace	Masters Mixed (2 men & 2 women, all runners over 40)	10:00 to 12:00 min mile	7:00 AM
74	Brothers Plus 2	Open Mixed (2 men & 2 women, at least one runner under 40)	8:00 to 8:59 min mile	9:00 AM
5	Buffalo Gals	Open Women (At least one runner under 40)	10:00 to 12:00 min mile	7:00 AM
6	Buffalo Gals Running	Masters Women (All runners over 40)	10:00 to 12:00 min mile	7:00 AM
75	Buns on the Run	Open Women (At least one runner under 40)	Under 7:00 min mile	9:00 AM
40	Call Us A Cab	Open Women (At least one runner under 40)	9:30 to 9:59 min mile	8:00 AM
41	Cirque Du Sore Legs	Open Mixed (2 men & 2 women, at least one runner under 40)	9:30 to 9:59 min mile	8:00 AM
7	Easier said than run	Open Mixed (2 men & 2 women, at least one runner under 40)	10:00 to 12:00 min mile	7:00 AM
42	Excuse for booze	Open Women (At least one runner under 40)	9:30 to 9:59 min mile	8:00 AM
43	Fab @ 44	Masters Mixed (2 men & 2 women, all runners over 40)	9:30 to 9:59 min mile	8:00 AM
44	Four-ever strong	Masters Women (All runners over 40)	9:00 to 9:29 min mile	8:00 AM
8	Gaurdrail Runners	Open Men (3 to 4 Men, At least one runner under 40)	10:00 to 12:00 min mile	7:00 AM
45	Great Lakes Adventure Addicts	Masters Mixed (2 men & 2 women, all runners over 40)	9:00 to 9:29 min mile	8:00 AM
46	Group Therapy	Open Women (At least one runner under 40)	9:00 to 9:29 min mile	8:00 AM
76	Hollow Leg	Open Men (3 to 4 Men, At least one runner under 40)	8:00 to 8:59 min mile	9:00 AM
9	Hot as Blazes	Open Mixed (2 men & 2 women, at least one runner under 40)	10:00 to 12:00 min mile	7:00 AM
10	Hot Mess Express	Open Women (At least one runner under 40)	10:00 to 12:00 min mile	7:00 AM
47	Howard's Hooligans	Open Men (3 to 4 Men, At least one runner under 40)	9:00 to 9:29 min mile	8:00 AM
77	I Thought This Was a 5K	Masters Mixed (2 men & 2 women, all runners over 40)	8:00 to 8:59 min mile	9:00 AM
95	I'm just here for the beer	Open Men (3 to 4 Men, At least one runner under 40)	9:00 to 9:29 min mile	8:00 AM
78	J2K2	Family (All members from the same Family)	7:01 to 7:59 min mile	9:00 AM
48	Jagged Little Hills	Masters Women (All runners over 40)	9:30 to 9:59 min mile	8:00 AM
	JFSH	Open Women (At least one runner under 40)	10:00 to 12:00 min mile	7:00 AM
50	Just drive by so I can walk	Open Mixed (2 men & 2 women, at least one runner under 40)	9:00 to 9:29 min mile	8:00 AM
79	KDR	Masters Mixed (2 men & 2 women, all runners over 40)	7:01 to 7:59 min mile	9:00 AM
51	Keeping up with the runners	Open Women (At least one runner under 40)	9:00 to 9:29 min mile	8:00 AM

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52	Lactic Acid Flashback	Open Mixed (2 men & 2 women, at least one runner under 40)	9:00 to 9:29 min mile	8:00 AM
53	League of Extraordinary Moms	Open Women (At least one runner under 40)	9:00 to 9:29 min mile	8:00 AM
80	Long Distance Relay-tionship	Open Mixed (2 men & 2 women, at least one runner under 40)	8:00 to 8:59 min mile	9:00 AM
81	Mad Runners	Open Men (3 to 4 Men, At least one runner under 40)	Under 7:00 min mile	9:00 AM
82	Master Chicks With Kick	Masters Women (All runners over 40)	7:01 to 7:59 min mile	9:00 AM
54	Merica	Open Women (At least one runner under 40)	9:30 to 9:59 min mile	8:00 AM
67	Middle Aged Mutant Ninja Turtles	Open Mixed (2 men & 2 women, at least one runner under 40)	9:00 to 9:29 min mile	8:00 AM
93	Miles Beyond A Reasonable Doubt	Open Mixed (2 men & 2 women, at least one runner under 40)	7:00 to 7:29 min mile	9:00 AM
83	Mother Runners	Open Women (At least one runner under 40)	8:00 to 8:59 min mile	9:00 AM
55	Not fast just furious	Open Women (At least one runner under 40)	9:30 to 9:59 min mile	8:00 AM
11	Not Lost, Just Wandering	Open Women (At least one runner under 40)	10:00 to 12:00 min mile	7:00 AM
12	Pacemakers	Open Women (At least one runner under 40)	10:00 to 12:00 min mile	7:00 AM
13	Pray 4 Us	Masters Mixed (2 men & 2 women, all runners over 40)	10:00 to 12:00 min mile	7:00 AM
56	Prospect Pride	Open Women (At least one runner under 40)	9:00 to 9:29 min mile	8:00 AM
14	Quatro Amigas	Open Women (At least one runner under 40)	10:00 to 12:00 min mile	7:00 AM
57	Ragnaroos on the Loose	Open Women (At least one runner under 40)	9:30 to 9:59 min mile	8:00 AM
58	Reeds Jewelers Ring Blingers	Open Mixed (2 men & 2 women, at least one runner under 40)	9:30 to 9:59 min mile	8:00 AM
15	Rumble Ponies III	Family (All members from the same Family)	10:00 to 12:00 min mile	7:00 AM
84	Run 4 Beers	Open Mixed (2 men & 2 women, at least one runner under 40)	7:01 to 7:59 min mile	9:00 AM
16	Run For Fun	Open Mixed (2 men & 2 women, at least one runner under 40)	10:00 to 12:00 min mile	7:00 AM
17	Run Me OverAgain	Open Women (At least one runner under 40)	10:00 to 12:00 min mile	7:00 AM
59	RunB4Reading	Open Women (At least one runner under 40)	9:00 to 9:29 min mile	8:00 AM
94	RUNder Women	Open Women (At least one runner under 40)	8:00 to 8:59 min mile	9:00 AM
85	Running Blind	Masters Mixed (2 men & 2 women, all runners over 40)	8:00 to 8:59 min mile	9:00 AM
86	Running Our Mouths	Open Women (At least one runner under 40)	7:01 to 7:59 min mile	9:00 AM
87	SANS kids	Open Mixed (2 men & 2 women, at least one runner under 40)	8:00 to 8:59 min mile	9:00 AM
32	Scrambled Legs	Open Women (At least one runner under 40)	10:00 to 12:00 min mile	7:00 AM
18	Secret Elite Squad of Super Heroes	Open Women (At least one runner under 40)	10:00 to 12:00 min mile	7:00 AM
19	Shake n Bake	Open Men (3 to 4 Men, At least one runner under 40)	10:00 to 12:00 min mile	7:00 AM
20	Sisters with Blisters	Open Women (At least one runner under 40)	10:00 to 12:00 min mile	7:00 AM
21	Smooth Snailin'	Open Women (At least one runner under 40)	10:00 to 12:00 min mile	7:00 AM
22	Sole Sisters	Open Women (At least one runner under 40)	10:00 to 12:00 min mile	7:00 AM
23	Sole Sisters Tribe	Open Women (At least one runner under 40)	10:00 to 12:00 min mile	7:00 AM
60	SomGentz	Open Mixed (2 men & 2 women, at least one runner under 40)	9:00 to 9:29 min mile	8:00 AM
24	Speed Sold Separately	Masters Mixed (2 men & 2 women, all runners over 40)	10:00 to 12:00 min mile	7:00 AM
25	Supa and the Reluctant Road Warrior	Open Mixed (2 men & 2 women, at least one runner under 40)	10:00 to 12:00 min mile	7:00 AM
	Tapped Out	Open Mixed (2 men & 2 women, at least one runner under 40)	8:00 to 8:59 min mile	9:00 AM

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26	Team Gaga & Cooper	Masters Women (All runners over 40)	10:00 to 12:00 min mile	7:00 AM
89	Team IPA: In Pain Again	Masters Men (3 to 4 men all over 40, team can include one Woman)	8:00 to 8:59 min mile	9:00 AM
61	The Bauer babes	Open Mixed (2 men & 2 women, at least one runner under 40)	9:30 to 9:59 min mile	8:00 AM
27	The Karen Walkers	Open Mixed (2 men & 2 women, at least one runner under 40)	10:00 to 12:00 min mile	7:00 AM
63	The Rohirrim	Open Men (3 to 4 Men, At least one runner under 40)	9:30 to 9:59 min mile	8:00 AM
64	Those People	Family (All members from the same Family)	9:00 to 9:29 min mile	8:00 AM
33	Thought They Said Rum	Masters Mixed (2 men & 2 women, all runners over 40)	10:00 to 12:00 min mile	7:00 AM
68	Three Men and A Lady	Open Men (3 to 4 Men, At least one runner under 40)	9:00 to 9:29 min mile	8:00 AM
65	Three Men and a Lady - Round 2	Open Men (3 to 4 Men, At least one runner under 40)	9:30 to 9:59 min mile	8:00 AM
28	Total Chaos	Open Mixed (2 men & 2 women, at least one runner under 40)	10:00 to 12:00 min mile	7:00 AM
90	Uncommon Grackles	Masters Mixed (2 men & 2 women, all runners over 40)	8:00 to 8:59 min mile	9:00 AM
91	We Got This!	Masters Women (All runners over 40)	7:01 to 7:59 min mile	9:00 AM
66	Where's Maggie	Open Mixed (2 men & 2 women, at least one runner under 40)	9:00 to 9:29 min mile	8:00 AM
29	Wish this lake was smaller	Open Mixed (2 men & 2 women, at least one runner under 40)	10:00 to 12:00 min mile	7:00 AM
30	Your Mom	Masters Women (All runners over 40)	10:00 to 12:00 min mile	7:00 AM
92	Your Pace or Mine	Open Mixed (2 men & 2 women, at least one runner under 40)	8:00 to 8:59 min mile	9:00 AM